

## Review

# Autophagic pathways as new targets for cancer drug development

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Autophagy is an evolutionarily conserved lysosomal self-digestion process involved in degradation of long-lived proteins and damaged organelles. In recent years, increasing evidence indicates that autophagy is associated with a number of pathological processes, including cancer. In this review, we focus on the recent studies of the evolutionarily conserved autophagy-related genes (ATGs) that are implicated in autophagosome formation and the pathways involved. We discuss several key autophagic mediators (eg, Beclin-1, UVRAG, Bcl-2, Class III and I PI3K, mTOR, and p53) that play pivotal roles in autophagic signaling networks in cancer. We discuss the Janus roles of autophagy in cancer and highlighted their relationship to tumor suppression and tumor progression. We also present some examples of targeting ATGs and several protein kinases as anticancer strategy, and discuss some autophagy-modulating agents as antitumor agents. A better understanding of the relationship between autophagy and cancer would ultimately allow us to harness autophagic pathways as new targets for drug discovery in cancer therapeutics.

**Keywords:** autophagy; cancer; autophagy-related gene (ATG), Beclin-1; Bcl-2; Class III and I PI3K; mTOR; p53

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## Introduction

Autophagy, a term from Greek “auto” (self) and “phagy” (to eat), refers to an evolutionarily conserved catabolic process in which a cell degrades long-lived proteins and damaged organelles, such as the endoplasmic reticulum, Golgi apparatus, and mitochondria. Autophagy serves as a critical adaptive response to starvation (amino acid and nutrient deprivation) and metabolic stress by recycling energy and nutrient. According to the mode of delivery to lysosome, three types of autophagy have been identified, namely macroautophagy, microautophagy and chaperone-mediated autophagy<sup>[1]</sup>. In this review, we mainly focus on the most widely investigated process: macroautophagy (hereafter referred to as autophagy).

Autophagy is a multi-step process highly regulated by a number of the conserved autophagy-related genes (ATGs). Originally discovered in yeast, ATG genes were reported to play vital roles in autophagosome formation and autophagy regulation, and have been known to be associated with several important pathological process such as cancer initiation

and progression<sup>[2]</sup>. Numerous links between autophagy and cancer have emerged and appeared to be multifaceted. Under some circumstances, autophagy can function as a tumor suppressor via eliminating damaged cells. On the another hand, the cytoprotective role of autophagy can indirectly protect cells from carcinogenesis by maintaining genomic stability and homeostasis<sup>[3]</sup>. Paradoxically, the cytoprotective effects of autophagy may contribute to tumor development under stress. Recent studies have indicated that autophagy can play a key role in tumor cell resistance to chemotherapy, and inhibition of autophagy can enhance the cytotoxicity of certain chemotherapeutic agents<sup>[4, 5]</sup>. All these studies unveil an intricate relationship between autophagy and cancer. In this review, we will discuss the relationship between autophagy and cancer, and evaluated several drugs that target autophagy pathways at a molecular level, in the hope of shedding some light on cancer drug discovery via targeting autophagic signaling pathways.

## Molecular basis of autophagy

The delineation of molecular mechanisms of autophagy originated from the year of 1993 when the ATGs were first identified in the yeast *Saccharomyces cerevisiae*<sup>[6]</sup>. It is well known that the molecular basis of autophagy is conserved

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from yeast to mammals, and the orthologs of most of the yeast ATGs have been discovered in mammalian cells. The complete autophagic flow is a highly regulated multi-step process which, in general, can be divided into several stages, including induction, vesicle nucleation, vesicle elongation and completion, docking, fusion, degradation and recycling<sup>[7-9]</sup> (Figure 1).

Autophagy can be induced by a variety of stimuli (*eg*, nutrient deprivation, hypoxia, cytokines, hormones, and DNA damage), and the induction of autophagy is, in most cases, associated with the mammalian target of rapamycin complex 1 (mTORC1) which is a central controller of cell growth<sup>[10]</sup>. In yeast, Tor signaling can negatively regulate Atg1 and Atg13, and the association of which is required for the early activation of autophagy<sup>[11]</sup>.

The vesicle nucleation is mediated by activation of Class III phosphatidylinositol 3-kinase (PI3KCIII), an ortholog of Vps34<sup>[12]</sup>. The activity of Vps34 is regulated by a complex consisting of Beclin1 (a mammalian ortholog of Atg6) and the myristylated serine kinase Vps15/p150<sup>[13]</sup>. Two PI3KCIII positive mediators, ultraviolet irradiation resistance-associated gene (UVRAG) and Bif-1, can enhance PI3KCIII activity by interacting with Beclin1<sup>[14, 15]</sup>. In yeast, Atg14 can direct Vps34 complex to pre-autophagosomal structure (PAS)<sup>[16]</sup>. Although the mammalian ortholog of Atg14 has been identified, its functions have not been clarified yet in mammalian cells<sup>[17]</sup>. In the vesicle nucleation step, PI3P produced by PI3KCIII plays an important role by binding and recruiting PX and FYVE domain-containing proteins such as Atg18-Atg2 complex<sup>[18-20]</sup>.

The vesicle elongation and completion process requires two ubiquitin-like pathways involving two ubiquitin-like proteins, Atg12 and Atg8 proteins, respectively. The first pathway includes an Atg12-Atg5 covalently conjugating system, and subsequently the formation of which requires an E1- and E2-like proteins Atg7 and Atg10, respectively<sup>[21-23]</sup>. In mouse, the Atg12-Atg5 conjugate interacts with a small coiled-coil protein, Atg16L (an ortholog of Atg 16 in yeast), to form an Atg12-Atg5-Atg16L complex. In conjunction with Atg12-Atg5, Atg16L directs the complex to autophagic isolation membrane, and it is essential for the second pathway and autophagosome

formation<sup>[24]</sup>. The second ubiquitin-like pathway involves LC3 (mammalian ortholog of Atg8) lipidation that plays an essential role in membrane dynamics during autophagy<sup>[25]</sup>. As soon as Atg8 is translated, the carboxy-terminal Arg residue of Atg8 is cleaved off by a cysteine protease, Atg4, exposing a critical Glycine residue at the C terminus<sup>[26]</sup>. Mediated by an E1 protein Atg7 and an E2 protein Atg3, Atg8 is then covalently conjugated to phosphatidylethanolamine (PE) through an amide bond between the C-terminal glycine and the amino group of phosphatidylethanolamine<sup>[25]</sup>. Lipidation of Atg8 converts the soluble Atg8 (mammalian LC3-I) into a membrane bound, autophagosome associated form (mammalian LC3-II), which represents an important biomarker of autophagy. In this manner, Atg8 proteins recruit lipid molecules to expand autophagosome membrane. Targeting Atg8 to isolate membrane needs the Atg12-Atg5-Atg16 complex<sup>[27]</sup>; however, the Atg12-Atg5 conjugate can act as an E3-like enzyme for Atg8-PE conjugate reaction, promoting the lipidation of Atg8<sup>[28]</sup>. Once the autophagosome expansion is complete, Atg8 detaches from PE under the assistance of Atg4 and then released to cytosol<sup>[26]</sup>. Additionally, autolysosome maturation is derived from docking and fusion of autophagosome with endolysosomal compartments, leading to the breakdown of autophagosomal contents. Successful docking and fusion rely on microtubules and endolysosomal molecules, such as small GTPase Rab7, lysosomal-associated proteins 1 and 2 (LAMP1 and LAMP2), AAA ATPase SKD1, SNARE protein Vti1b, and ESCRT complex<sup>[29-31]</sup>. Some autophagy mediators such as UVRAG, functioning in the early steps, can regulate autophagosome maturation<sup>[32]</sup>. After docking and fusion, the autophagosomal cargoes are digested by acidic hydrolases, and then nutrient and energy are recycled.

### Canonical autophagic signaling pathways in cancer

Although the molecular basis of autophagy was discovered from the year of 1993, a link between autophagy and cancer was established in 1999 when the ATG gene Beclin1 was found to inhibit tumorigenesis and assumed to be a candidate tumor suppressor<sup>[33]</sup>. Since then, increasing number of ATGs have been found to be oncogenes or tumor suppressors and

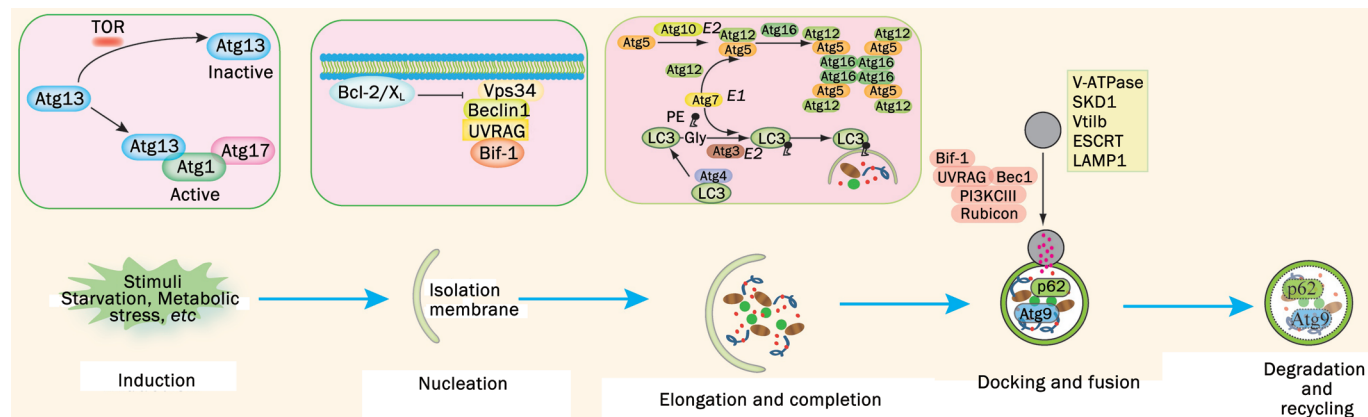


Figure 1. Multiple stages of autophagy flow and the molecular regulators.

thus their related autophagic pathways are involved in cancer. Here, we will discuss some major autophagic regulators and related pathways in cancer.

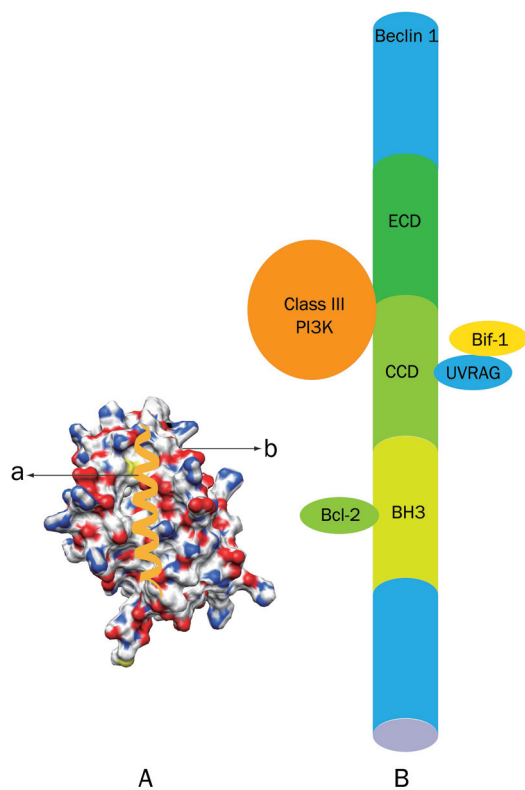
### Beclin 1 and its mediators

Beclin 1, the mammalian homolog of Atg6 and a Bcl-2 interacting coiled-coil protein, is a haploinsufficient tumor suppressor gene<sup>[34, 35]</sup>. It has been reported to be mono-allelically deleted in 75% of ovarian, 50% of breast and 40% of prostate cancers<sup>[36]</sup>. Gene-transfer of Beclin-1 could promote autophagy in human MCF7 breast carcinoma cells, but inhibited MCF7 cellular proliferation<sup>[33]</sup>. Heterozygous disruption of Beclin 1 could result in increased cellular proliferation and reduced autophagy *in vivo*<sup>[34]</sup>. These findings suggest that autophagy-promoting activity of Beclin 1 is tightly associated with its tumor suppression function. As mentioned above, Beclin 1 can enhance autophagy by combining with PI3KIII/Vps34 in the initiating stage of autophagy. An evolutionarily conserved domain (ECD) of Beclin 1 has also been reported to interact with PI3KIII/Vps34 (Figure 2B). A Beclin 1 mutant lacking ECD was unable to enhance autophagy and lost its tumor suppressor function, which further supported the notion that autophagy promotion and tumor inhibition function of Beclin-1 was interconnected<sup>[37]</sup>. Furthermore, the tumor suppressor function of Beclin 1 is supported by the identifica-

tion of its mediators that are implicated in tumorigenesis. UVRAG, a major Beclin 1 positive mediator, can interact with Beclin 1 via their coiled-coil domain (Figure 2B). By interacting with Beclin1, UVRAG markedly enhances PI3KC3 lipid kinase activity, thereby facilitating autophagy<sup>[32]</sup>. Similar to Beclin 1, UVRAG is monoallelically mutated in various human colon cancer cells and tissues<sup>[38]</sup>. Through mediating Beclin 1-PI3KIII complex, UVRAG can promote autophagy, thus inhibiting tumorigenesis of human colon cancer cells<sup>[32]</sup>.

Bif-1, another Beclin 1 positive mediator, can interact with Beclin 1 through UVRAG (Figure 2B) to regulate autophagy and suppress tumorigenesis. Consistently, it has been reported that loss of Bif-1 suppressed autophagosome formation and significantly enhanced the development of spontaneous tumor in mice<sup>[15]</sup>. In addition, downregulation of Bif-1 was also found in prostate, colon, invasive urinary bladder, gallbladder and gastric cancers<sup>[39-42]</sup>. Although the precise mechanisms of Bif-1 in suppressing tumor have not been fully clarified, it is reasonable to presume that the tumor inhibitory activity of Bif-1 is associated with its roles in regulating autophagy.

There also exist a number of Beclin 1 negative regulators that involve an important protein family, Bcl-2 family. Bcl-2 family is comprised of B cell CLL/lymphoma-2 (Bcl-2) and its relatives, and is originally characterized as a controller of outer mitochondrial membrane integrity and apoptosis. These proteins are functionally classified as either antiapoptotic or proapoptotic proteins<sup>[43]</sup>. Antiapoptotic Bcl-2 members (such as Bcl-2 and Bcl-xL) contain four Bcl-2 homology domains (BH), while proapoptotic Bcl-2 proteins can be further divided into the effector proteins (such as Bax and BAK) that contain three BH domains and the BH3-only proteins (such as BAD and Noxa). Here we will focus on Bcl-2, an oncogene which negatively regulates Beclin 1-PI3KIII/Vps34 complex and autophagy. For almost two decades, Bcl-2 has been regarded to function by inhibiting apoptosis. It was until 1998 when Liang, *et al* identified a Bcl-2 interacting, Beclin 1, that the role of Bcl-2 in autophagy was uncovered<sup>[33]</sup>. Subsequently, further evidence showed that down-regulation of Bcl-2 could induce autophagy in a caspase-independent manner in human leukemic HL60 cells<sup>[44]</sup>, and the transfer of Bcl-2 in mice could restrain starvation-induced autophagy in cardiac muscle *in vivo*<sup>[45]</sup>. Bcl-2 inhibits autophagy through interacting with Beclin 1. Beclin 1 contains a BH3 domain that contributes to the association of Beclin 1 with the BC groove of Bcl-2 (shown in Figure 2A and 2B)<sup>[46, 47]</sup>. Accordingly, mutations in BH3 domain of Beclin 1, or BH3 receptor domain of Bcl-2 would abolish the Bcl-2 mediated inhibition of autophagy<sup>[46]</sup>. By interacting with Beclin1, Bcl-2 blocked Beclin 1 interaction with PI3KIII/Vps34, decreased PI3KIII activity and down-regulated autophagy<sup>[45]</sup>. However, the precise mechanisms by which Bcl-2 blocks Beclin 1 and PI3KIII/Vps34 interaction, either through disassociating the Beclin 1- PI3KIII/Vps34 or inhibiting its activity, is unclear. In spite of this, the binding of Bcl-2 with Beclin 1 seems to be constitutive, and its detachment from Beclin 1 is speculated to be essential in autophagy



**Figure 2.** Binding of Beclin 1 with its regulators. (A) Binding of Beclin 1 BH3 domain with the BC groove of Bcl-2. (B) The schematic representations of the Bcl-2-Beclin1-Class III PI3K-UVRAG-Bif-1 multi-protein complex.

induction. Two models were proposed to explain Beclin 1 release from Bcl-2. The first model suggests that disassociation of Beclin 1 with Bcl-2 depends on the phosphorylation of Bcl-2 or Beclin 1. It was demonstrated that the c-Jun N-terminal protein kinase 1 (JNK1) could phosphorylate Bcl-2 in its non-structural N-terminal loop<sup>[48, 49]</sup>. Moreover, a recent study has shown that DAP-kinase mediated phosphorylation in the BH3 domain of Beclin 1 can weaken its interactions with Bcl-2, leading to an elevation of autophagy<sup>[50]</sup>. The second model involves the replacement of Beclin 1 from Bcl-2 by BH-only proteins. Upon starvation, BAD, a typical BH3-only protein, could competitively displace Beclin 1 from Bcl-2, and, supportive of this, bad-deficient mice bear a decreased level of autophagy<sup>[51]</sup>.

In general, Beclin 1 can enhance autophagy and inhibit tumorigenesis by forming a Beclin 1- PI3KIII/Vps34 complex, mediated by its positive regulators, UVRAG and Bif-1, as well as its negative regulators, Bcl-2. Beclin 1 acts as a platform to recruit and activate PI3KIII/Vps34, suggesting a crucial role in autophagy and tumorigenesis.

### Class III and I PI3K

The phosphoinositide 3-kinase (PI3K) family, which can phosphorylate the 3'OH group of phosphatidylinositols, regulates various cellular activities including autophagy<sup>[52, 53]</sup>. According to the distinct substrate specificities and lipid products, PI3K family can be divided into three classes, among which Class III and Class I PI3K are the most widely implicated classes in autophagy and cancer. Intriguingly, the roles of Class III and Class I PI3K are quite opposite in autophagy, in which Class III PI3K accelerates autophagy, whereas Class I PI3K inhibits it.

PI3KIII plays an important role in the vesicle nucleation step of autophagy process. And, PI3KIII associates with PAS under the direction of Atg14, and then the lipid products of PI3KIII, PI3P, mediates docking of PX and FYVE domain-containing proteins to the nucleation sites<sup>[18-20]</sup>. PI3KIII exerts its effect by forming a complex with Beclin 1 and Vps15/p150, both of which are positive regulators of PI3KIII<sup>[13]</sup>. UVRAG and Bcl-2 can also regulate PI3KIII complex activity by interacting with Beclin 1, thus regulating autophagy.

Conversely, Class I PI3Ks inhibit autophagy through a PDK1 and Akt/PKB pathway, which is inappropriately activated in many types of cancers. Class I PI3Ks are heterodimers, consisting of a p85 regulatory and p110 catalytic subunit. Following growth factors binding to the cell surface receptors, which, in most cases, are receptor tyrosine kinases (RTKs), Class I PI3Ks are activated. The p85 regulatory subunit is essential in RTKs-mediated activation of Class I PI3Ks by binding with activated RTKs through its Src-homology 2 (SH2) domains<sup>[54]</sup>. By binding with RTKs, p85-p110 heterodimer is recruited to the membrane where its substrates PI3, 4-diphosphate (PIP<sub>2</sub>) residues, and meanwhile, the basal inhibition of p85 on p110 is alleviated<sup>[55]</sup>. After being recruited to the membrane, Class I PI3Ks phosphorylate PIP<sub>2</sub> to generate the second messenger phosphatidylinositol-3,4,5-trisphosphate (PIP<sub>3</sub>). This process

can be inhibited by a tumor suppressor PTEN, which dephosphorylates PIP<sub>3</sub> and terminates PI3K signaling<sup>[56]</sup>. Then, the accumulated PIP<sub>3</sub> recruits PDK1 and Akt through their Pleckstrin homology (PH) domains, where Akt is fully activated through phosphorylation by PDK1 at T308 and by mTOR complex 2 (mTORC2) at S473<sup>[57]</sup>. Furthermore, activated Akt promotes cell survival through phosphorylation of several cellular proteins, including MDM2, glycogen synthase kinase 3 $\alpha$  (GSK3 $\alpha$ ), GSK3 $\beta$ , fork-head box O transcription factors (FoxO), tuberous sclerosis 2 (TSC2), BCL2-interacting mediator of cell death (BIM) and BCL2-associated agonist of cell death (BAD)<sup>[53, 58-61]</sup>. MDM2 activation by Akt enhances p53 ubiquitination and degradation, thus promoting cell survival. Additionally, Akt phosphorylation leads to FoxO exclusion from nuclear and blocks transcriptional induction of death-related genes. Furthermore, TSC2, a GTPase-activating protein for Ras homologue enriched in brain (Rheb), is also inactivated by Akt, which allows Rheb accumulation and thereby activates mTORC1<sup>[62, 63]</sup>. Akt has also been suggested to activate mTORC1 by lowering cellular AMP/ATP level and hence inhibit AMPK activity<sup>[64]</sup>. mTORC1, one of the major downstream effectors of Akt, plays central roles in autophagy regulation.

The PI3KI-Akt pathway is activated aberrantly in many types of cancers, revealing its vital role in growth and proliferation of cancer cells<sup>[65]</sup>. Hitherto, two mechanisms have been most widely observed, which leads to the inappropriate activation of PI3KI-Akt in cancer, namely activation by receptor tyrosine kinases (RTKs) and somatic mutations in specific components of the signaling pathways. In various cancers, RTKs, such as EGFR, HER2, and PDGFR, activate PI3K and all these types of cancers are invariably resistant to a single RTK inhibitor, suggesting RTK is a potential oncogene<sup>[66-68]</sup>. Somatic mutations in PIK3CA gene encoding the p110 $\alpha$  catalytic subunit frequently occurs in cancers of the colon, breast, brain and lung<sup>[69]</sup>, and *in vitro* and *in vivo* experimental data have confirmed the involvement of these mutations in tumorigenesis<sup>[70-72]</sup>. In addition, the PI3KI-Akt signaling pathway is also regulated by several tumor-related genes, which indirectly reflects its key role in tumor development. One of the regulators is Ras, which is involved in cell growth signaling and may lead to oncogenesis and cancer. It has been reported that p110 catalytic subunit of PI3KI can bind with Ras, linking PI3KI-Akt pathway with Ras signaling. PTEN, another regulator of PI3KI-Akt pathway, is a tumor suppressor that is found to be mutated in human brain, breast, and prostate cancer, can negatively regulate the pathway by degrading the lipid product of PI3KI<sup>[73-74]</sup>. Taken together, Class III and I PI3K play the key roles in regulating autophagy and cancer pathogenesis, and targeting these pathways may represent an attractive strategy for cancer therapy.

### mTOR Pathway

The target of rapamycin, TOR (mTOR in mammals), is an evolutionarily conserved serine/threonine kinase that regulates a variety of cellular processes, including cell growth, cell cycle,

proliferation, and autophagy<sup>[75]</sup>. In mammals, mTOR exists in two different complexes, known as mTORC1 which contains a raptor, and mTORC2 which contains a rictor. However, only mTORC1 is sensitive to rapamycin while mTORC2 is not; therefore, we will focus on mTORC1 and its relevance to autophagy<sup>[76]</sup>.

mTORC1 occupies a central position in protein synthesis and autophagy repression, and exerts its role through integration of different signal inputs, including growth factor signaling, cytokines, nutrient and metabolic stresses (ATP/AMP ratio and O<sub>2</sub> availability). To date, three major mTORC1-inducing pathways have been clarified. Two of them are PI3K-Akt pathway and extracellular signal-regulated kinase (ERK)-90-kDa ribosomal S6 kinase (RSK)-death-associated protein kinase (DAPK) kinase cascades, which can activate mTORC1 and suppress autophagy. The third one is an mTORC1 inhibitory pathway via activation of AMP-activated protein kinase (AMPK) and glycogen synthase kinase 3 (GSK3). Of note, the signaling pathways promoting mTORC1 activity is often induced by oncoproteins and/or loss of tumor suppressors, and hence mTORC1-inhibited autophagy is often observed in cancer cells<sup>[30]</sup>.

Most of the signaling pathways regulating autophagy converge upstream of mTORC1 at the TSC2/TSC1 complex, the tumor suppressors observed to be mutated in a variety of cancers. As mentioned above, the TSC2/TSC1 complex suppresses mTORC1 by inactivating mTORC1-interacting protein, Rheb. Upon PI3K activation, Akt phosphorylation of TSC2 destabilizes TSC2 and disrupts its interaction with TSC1, thus abolishing the negative regulatory effect of TSC2/TSC1 complex on mTORC1<sup>[77, 78]</sup>. Similarly, ERK mitogen activated protein kinase (MAPK) and its downstream effectors, RSK and DAPK, can inactivate TSC2 through phosphorylation and allow Rheb activation of mTORC1<sup>[79-81]</sup>. In contrast, phosphorylation of TSC2 by AMPK increases its GTPase activity, stabilizes the TSC2/TSC1 complex, and inactivates Rheb, leading to inactivation of mTORC1 and thus triggering autophagy<sup>[86]</sup>. Originally, AMPK was defined as an intracellular energy status sensor, detecting and responding to the changes in AMP/ATP ratios. High intracellular AMP level allows serine-threonine kinase, liver kinase B1 (LKB1), a tumor suppressor mutated in Peutz-Jeghers syndrome, to phosphorylate AMPK, thus providing starved cells with nutrient by inducing autophagy<sup>[82]</sup>. Remarkably, the initiation of autophagy by AMPK is not limited to the starvation-induced activation of LKB1. Recent studies have demonstrated that AMPK can mediate autophagy in response to the cytosolic Ca<sup>2+</sup> concentration and cytokines via Ca<sup>2+</sup>/calmodulin-dependent kinase kinase-b (CaMKKb) and transforming growth factor- $\beta$ -activating kinase 1 (TAK1) pathways, respectively<sup>[83, 84]</sup>. Moreover, genotoxic stresses trigger AMPK-mediated autophagy in a p53-dependent manner<sup>[85]</sup>.

Downstream executors of mTORC1 involve a number of autophagy-related genes and proteins implicated in cell physiology and cancer pathology. In yeast, mTORC1 hyperphosphorylates Atg13, reducing its affinity with Atg1 under

nutrient rich condition. Disassociation of Atg13 attenuates Atg1 activity, which is essential for autophagy initiation<sup>[11]</sup>. In mammals, two homologs of Atg1, uncoordinated 51-like kinase 1 (ULK1) and ULK2, Atg13 and the scaffold protein FIP200 (an ortholog of yeast Atg17) have been identified<sup>[86-89]</sup>. By phosphorylation of ULK and Atg13 in a nutrient starvation-regulated manner, mTORC1 disrupts the binding of Atg13 with ULK and destabilizes ULK, inhibiting the ULK-dependent phosphorylation of FIP200 and autophagy induction<sup>[90-93]</sup>. Although the mechanism of ULK-Atg13-FIP200 complex in autophagy initiation is not fully understood, it is speculated that activated FIP200 localizes ULK to PAS where it regulates vesicle nucleation by recruitment of other Atg proteins to that location, as Atg17 does in yeast<sup>[94]</sup>. Therefore, through ULK complex, mTORC1 establishes a link with the core autophagy machinery in mammals, thus regulating autophagy more directly.

mTORC1 can also regulate autophagy by mediating protein translation and cell growth through 4E-BP1 and p70<sup>S6K</sup> phosphorylation. Phosphorylation of 4E-BP1 leads to its detachment of from the RNA cap-binding protein eIF4E and upregulates cap-dependent translation<sup>[95]</sup>. On the contrary, phosphorylation of p70<sup>S6K</sup> enhances its activity and facilitates its phosphorylatory effect on the targets. p70<sup>S6K</sup> phosphorylates a wide spectrum of proteins implicated in transcription and translational apparatus, including 40S ribosomal protein S6 and eukaryotic elongation factor 2 kinase (eEF2K), *etc.* p70<sup>S6K</sup> phosphorylates eEF2K at a conserved serine and inhibits its activity, thus relieving eEF2 from the negative regulation by eEF2K and promoting protein translation<sup>[96]</sup>. In addition to S6 and eEF2K, p70<sup>S6K</sup> can promote cell survival and growth by inhibiting a proapoptotic BH3-only protein Bad<sup>[97]</sup>. Of note, p70<sup>S6K</sup> activity can be downregulated by ULK1, ULK2 and Atg13, indicating that existence of a positive-feedback loop may enhance nutrient-dependent autophagy<sup>[92]</sup>. These findings suggest that mTORC1 occupies a central position in autophagy-regulated network. Obviously, numerous oncogenes and tumor suppressors are incorporated in mTORC1-centered signaling network, suggesting a close, complex connections between those oncogenes and tumor suppressors with cancer.

### p53

The transcriptional factor p53 is a well known tumor suppressor protein, but is found to be mutated in more than 50% of human cancers. p53 becomes activated in response to a myriad of stresses, including DNA damage, oxidative stress and *etc.* In mammalian cells, two forms of p53 exist, namely cytoplasm p53 and nucleus p53. Following activation, cytoplasm p53 translocates to the nucleus and regulates the target genes expression, resulting in DNA repair, cell cycle arrest and apoptosis. Recently, p53 has been reported to participate in autophagy regulation; however, the role of p53 in autophagy seems to be paradoxical depending on its different subcellular location.

In nucleus, p53 facilitates autophagy mainly by interact-

ing with its targets, damage-regulated autophagy modulator (DRAM) and sestrin1/2. The direct link between p53 and autophagy was unknown until DRAM, a p53 target gene encoding a lysosomal protein that induces macroautophagy, was discovered to be an effector of p53-mediated cell death<sup>[98]</sup>. DRAM can trigger autophagy under the control of p53 in response to DNA damage agents. The expression of DRAM is down-regulated in a subset of epithelial cancers via direct hypermethylation within the DRAM, indicative of DRAM as a tumor suppressor<sup>[98]</sup>. Other targets of DRAM, Sestrin1 and sestrin2, whose expressions are usually induced upon DNA damage and oxidative stresses, are negative regulators of mTORC1, and execute their function through activation of AMPK and TSC complex<sup>[98]</sup>. Consistently, disruption of Sestrin2 in mice attenuated its ability to inhibit mTOR signaling upon genotoxic challenge<sup>[99]</sup>. Thus, sestrin establishes a connection between p53 and autophagy through mTORC1 signaling pathway, providing another molecular mechanism for p53-mediated tumor suppression.

Different from nucleus p53, cytoplasm p53 has been found to inhibit autophagy independent of its role as a transcriptional factor<sup>[100]</sup>. Correspondingly, depletion or inhibition of p53 is able to induce autophagy in human, mouse and nema-

tole cells subjected to knockout, knockdown or pharmacological inhibition of p53. More important, enhanced autophagy may favor survival of the p53-deficient cancer cell under nutrient depletion and hypoxia, suggesting the involvement of autophagy in cancer-associated dysregulation of p53 and its cytoprotective role.

These reported studies demonstrate how cancer-related pathways regulate autophagy. Importantly, these signaling pathways do not function independently; instead, they execute their roles in an overlapping way, forming a network implicated in both autophagy and cancer (Figure 3). These signaling pathways possess different functions and roles, implying a paradoxical role of autophagy in cancer.

### The Janus role of autophagy in cancer therapy

Cancer cells often display a reduced capacity of autophagy by inactivation of proautophagic genes like LKB1, PTEN, p53, TSC1, TSC2, Beclin 1, UVRAG, and Bif-1, as well as activation of antiautophagic genes such as PI3KCI, Akt, Ras, and Bcl-2<sup>[3, 101, 102]</sup>. The above-mentioned evidence suggests that autophagic activity are often suppressed in cancer cells and autophagy may act as a tumor suppressor in oncogenesis, and thus induction of autophagy may help transform tumor

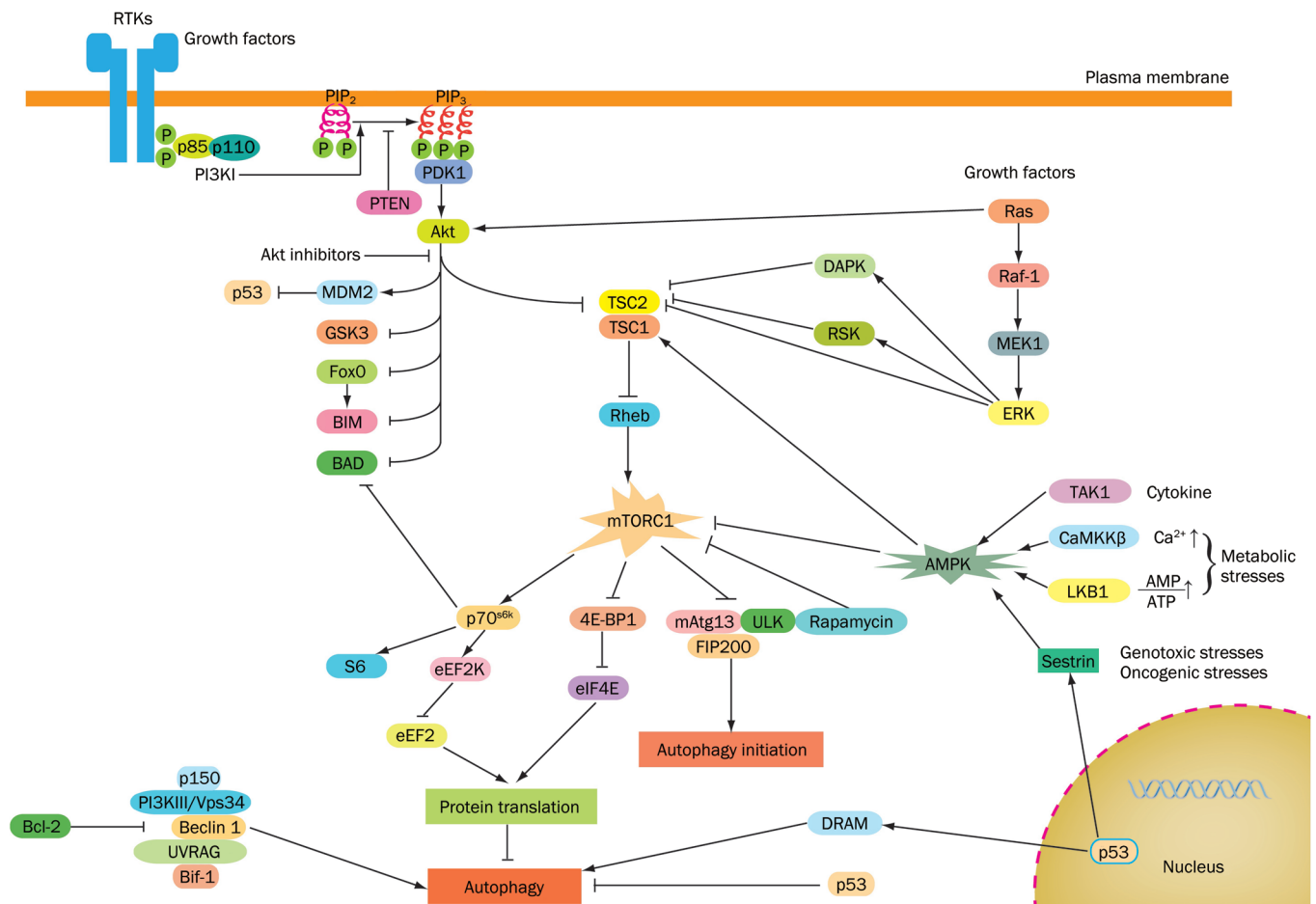


Figure 3. The schematic model of autophagic signaling pathways in cancer.

phenotype in cancer therapy. Nevertheless, under certain conditions, enhanced autophagy is observed in tumor cells, suggesting its pro-survival roles in cancer. In support of this, lysosomes that are essential in autophagy cargoes degradation show significantly higher activity during tumorigenesis<sup>[101]</sup>. Utilizing autophagy as a cytoprotective mechanism, tumor cells manage to survive in harsh microenvironment. In response to many anticancer therapies such as chemotherapy, histone deacetylase inhibitors, arsenic trioxide, TNF- $\alpha$ , IFN $\gamma$ , imatinib, rapamycin, and antiestrogen hormonal therapy, autophagy is induced as a pro-survival strategy in human cancer cells<sup>[103, 104]</sup>. Under these circumstances, inhibition of autophagy may lead to increased cell death and decreased tumor cell growth.

Additionally, it has been reported that autophagy is able to induce type II programmed cell death in the absence of apoptosis. Bax-/- and Bak-/- knockout fibroblast cells, which are resistant to apoptosis, and undergo autophagic cell death following nutrient and growth factor deprivation, chemotherapy or radiation stimuli<sup>[105, 106]</sup>. In various cancer cells, apoptosis is blocked and autophagy may serve as a major mechanism to induce cancer cell death; thus, the induction of autophagy may be used as a promising therapeutic strategy in cancer treatment. These findings may reveal an intricate relationship between cancer and autophagy. Although the relative balance of pro-death and pro-survival roles of autophagy in carcinogenesis and cancer remains an enigma, some hypotheses have been proposed to alleviate this puzzle. One hypothesis suggests that roles of autophagy vary depending on the different stages of tumor development<sup>[102]</sup>. For instance, autophagy limits tumor formation in the early stage, while favors tumor cell survival and invasion as soon as cancer has formed. Another hypothesis proposes that autophagy can regulate tumorigenesis in a cell- and tissue-specific manner<sup>[107, 108]</sup>. Thus, the relationship between autophagy and cancer remains unclear; nevertheless, considering their intimate relations, targeting autophagic signaling pathways makes sense and may be promising in cancer treatment.

### Targeting autophagic signaling pathways in cancer treatment

Hitherto, the underlying molecular mechanisms of autophagy regulation have remained to be elucidated; however, several novel emerging strategies are being used to target autophagic signaling pathways for drug discovery in cancer treatment. Autophagy-related genes (ATGs) play the key roles in the formation of the autophagosome and the regulation of autophagy, which are closely linked to cancer initiation and progression. Silencing several essential modulators of the autophagic machinery such as Atg3, Atg4b, Atg4c, Bec-1/Atg6, Atg10, and Atg12 have been shown to sensitize cancer cells to a wide spectrum of stress conditions<sup>[109-110]</sup>. Accordingly, this strategy may be a useful approach for targeting protective autophagy in cancer therapeutics.

Targeting selected protein kinases involved in the regulation of autophagy using small molecule inhibitors may be another

feasible approach in cancer therapy. Recently, a number of protein kinases have been known to regulate the induction of autophagy following nutrient deprivation or other cellular stresses; thus, only the following protein kinases have been reported to induce protective autophagy in response to cytotoxic agents in cancer cells, *eg*, AMP-activated protein kinase (AMPK), glycogen synthase kinase 3 (GSK3) beta, extracellular signal-regulated kinases 1 and 2 (ERK1/2) and eukaryotic elongation factor-2 kinase (eEF2K). On the other hand, other protein kinases are involved in the promotion of autophagy, but not yet evaluated as the potential therapeutic targets, including death-associated protein kinase (DAPK) and Unc-51-like kinase 1 (ULK-1)<sup>[110]</sup>. While further studies should be necessary to evaluate the precise functions of the protein kinases, these selected protein kinases would represent potentially promising targets for cancer therapeutics.

Autophagy is not only a survival response to either growth factor or nutrient deprivation, but also an important mechanism for tumor cell suicide<sup>[111]</sup>. Recently, the increasing data have accumulated to signify autophagy as a mechanism of type II programmed cell death (PCD), and present new perspectives for developing alternative anti-cancer therapies<sup>[112]</sup>. Thus, several autophagy-inducing agents are already being used in the treatment of different human cancers, and would be further explored from bench to clinic. Recently, imatinib (gleevec) has been found to induce autophagy in multi-drug-resistant Kaposi's sarcoma cells as part of its mode of action and also be effective in the treatment of glioblastomas<sup>[113]</sup>. Moreover, histone deacetylase inhibitors (HDAC), such as suberoylanilide hydroxamic acid (SAHA), have also been reported to induce autophagy in Hela cells and is independent of caspase activation and apoptosis. Thus, initiation of autophagic cell death by SAHA has clear therapeutic implications for apoptosis-defective tumors. Furthermore, it is well-known that mTOR is a major regulator of cell growth that has been implicated in tumorigenesis<sup>[114]</sup>. Rapamycin, which binds the 12 kDa immunophilin FK506-binding protein (FKBP12) and inhibits the mTORC1 complex, and its derivatives, CCI-779 and RAD001, have been used in clinical trials for the treatment of cancer. Recent evidence have indicated that tumor-suppression following rapamycin treatment is linked to the induction of autophagic cell death. mTOR inhibitors have been reported to sensitize various tumor cells to radiation therapy<sup>[115]</sup>. For example, combined treatment of RAD001 with the caspase-3 inhibitor DEVD radio-sensitized non-small cell lung cancer cells in mouse models, leading to enhanced cytotoxicity through induction of autophagy and to delayed tumor growth<sup>[116]</sup>. Thus, inhibition of mTOR by rapamycin or its derivatives provides a powerful therapeutic tool for the treatment of various malignancies.

In addition to these reported agents, there are also other interesting examples of the autophagy-inducing agents from traditional Chinese medicine in cancer treatment. Arsenic trioxide (As<sub>2</sub>O<sub>3</sub>), a classical toxin from the traditional Chinese medicine, has been reported to attribute to induction of apoptosis following cytochrome c release and caspase activation<sup>[116]</sup>.

However, treatment of human T-lymphocytic leukemia cells with arsenic trioxide has been recently shown to cause cytotoxicity through induction of autophagy. The Bcl-2 family member, Bcl-2-adenovirus E1B 19-kDa-interacting protein 3 (BNIP3), is reported to play a pivotal role in arsenic trioxide-induced autophagic cell death in malignant glioma cells<sup>[117,118]</sup>. *Polygonatum cyrtoneuma* lectin (PCL) has been reported to induce autophagy via a mitochondria-mediated pathway and plays a death-promoting role in human melanoma A375 cells<sup>[119]</sup>. Subsequently, PCL-induced autophagy has been further confirmed to be a mitochondrial-mediated ROS-p38-p53 pathway<sup>[120]</sup>. Based upon the aforementioned examples, autophagy plays a prominent role in the cytotoxic effects of these compounds that may lead to a new therapeutic strategy whereby autophagy would be specifically induced to suppress carcinogenesis.

### Concluding remarks

Cancer is a complex, multi-step human disease that is closely related to the Janus of autophagy. Currently, much work should be needed to determine the molecular mechanisms of autophagy in cancer, to define how the crucial modulators of autophagy in cancer impacts cancer initiation and progression, and to elucidate why targeting autophagic signaling pathways is promising for cancer therapeutics. However, due to the complex two-faced nature of autophagy, establishing the dual role of autophagy in tumor survival *vs* death may help in determining the cancer therapeutic potential. Inhibiting autophagy may enhance the efficacy of currently used anti-cancer drugs in chemo- and radiotherapy-induced activation of autophagic signaling pathways. On the contrary, promoting autophagy may induce cancer cell death with high thresholds to apoptosis. Therefore, both strategies have significant potential to be translated into ongoing clinical trials that may provide more valuable information on whether and how targeting autophagic signaling pathways makes sense in cancer treatment.

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